

The **TUSSEY MOUNTAINBACK 50-MILE RELAY & ULTRAMARATHON**, a series of footrace events held in Central Pennsylvania's beautiful Rothrock State Forest, has chosen the **Centre Region Down Syndrome Society** as the 2024 beneficiary! The **50-MILE RELAY & ULTRAMARATHON** will be held on October 27. The Tussey Mountainback also hosts the 'Tussey Teasers' on different parts of the Mountainback's 50-mile loop course to prime the runners up for the big October event. These are incredible opportunities for our community to show our strength and share our messages & stories with hundreds of athletes and their families! For more information on this annual event, visit their website: <https://www.tusseymountainback.com/>

The CRDSS Community is Invited to Volunteer at All These Events!

[SIGN UP HERE](#)

Volunteers will:

- **Staff the Water Stations.** Water Station stations are vital to the success of an event, to ensure runners stay hydrated and motivated. You'll hand out water to thirsty runners as we cheer them on! The Tussey Mountainback will supply us with jugs of water & paper cups, in line with their sustainability commitment.
- **Finish Line Fun** - Hand out treats and water & cheer the runners across the finish line!
- **Wear identifiable CRDSS T-shirts if you can**, to show our organization pride! Also come appropriately dressed for the weather.
- **Photograph the event!** We need photographers at each event. Contact Lauren if interested.

Events

Saturday March 2, 2024 ~ 9:30 – 11:30

Tussey Teaser 1: Laurel Run Switchbacker

Location: Tussey Mountain Ski Area

Meet at: Our booth in the parking lot.

Sunday April 7, 2024 ~ 8:30 – 11:30

Tussey Teaser 2: Tussey-to-Whipple

Location: Tussey Mountain Ski Area

Meet at: Our booth in the parking lot.

Saturday May 4, 2024 ~ 8:30 – 11:15

Tussey Teaser 3: Beidleheimer Sidewinder 10K & 20K

Location: Whipple Dam State Park

Meet at: Our booth in the parking lot.

Sunday June 2, 2024 ~ 7:30 – 10:30

Tussey Teaser 4: Treaster Kettle Test-Your-Mettle

Location: Coyer Lake South Lot

Meet at: Our booth in the parking lot.

Sunday June 23, 2024 ~ 7:30 – 10:30

Tussey Teaser 5: Eager Seeger Half Marathon

Location: Alan Seeger Picnic Area

Meet at: Our booth in the parking lot.

Sunday October 27, 2024 ~ 6:00am – 7:00pm

(volunteers will sign up for a portion of the day)

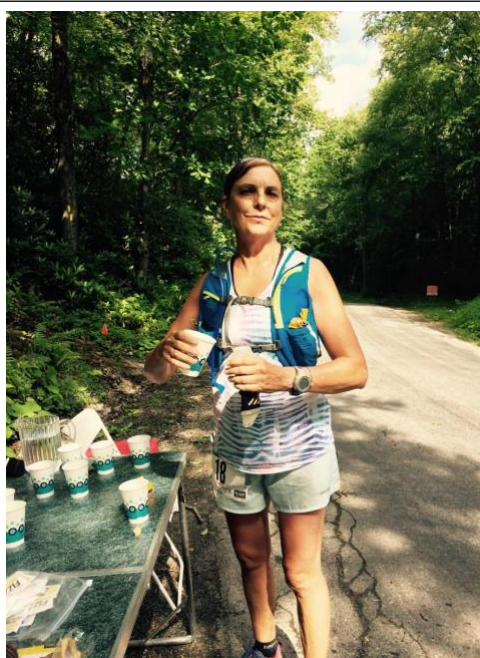
Mountainback 50-Mile Relay & Ultramarathon

Location: Tussey Mountain Ski Area

Meet at: Our booth in the parking lot.

NOTES:

- Tussey Teaser locations are accessible with GPS, and full directions below on the following page.
- Tussey Teasers are held Rain or Shine
- Any Questions? Call Lauren Smith, Volunteer Coordinator, at 814-360-7112



DIRECTIONS

March 2, 2024 / Laurel Run Switchbacker

Tussey Mountain Ski Area

State College, take State Route 322 east about 1 mile past Boalsburg, turn right onto Bear Meadows Road, follow to the ski lodge.

Sunday April 7, 2024 / Tussey Teaser 2: Tussey-to-Whipple

Tussey Mountain Ski Area

State College, take State Route 322 east about 1 mile past Boalsburg, turn right onto Bear Meadows Road, follow to the ski lodge.

Saturday May 4, 2024 / Tussey Teaser 3: Beidleheimer Sidewinder 10K & 20K

Location: Whipple Dam State Park

From State College, take State Route 26 south to Whipple Dam State Park, beach road. From Altoona, take I-99 to the Tyrone exit, then 453 south, then go left on 550 north. At Warriors Mark, go right on 350 south. At Seven Stars, turn left on 45 east to Pine Grove Mills. At the flashing light, turn right follow 26 over the mountain to Whipple Dam State Park.

Sunday June 2, 2024 / Tussey Teaser 4: Treaster Kettle Test-Your-Mettle

Location: Coyler Lake South Lot

From State College, take State Route 322 east, turn right onto Taylor Hill Road, right onto Church Hill Road, right on Bubbs, right on Lake Road, follow to paved parking lot on right.

Sunday June 23, 2024 / Tussey Teaser 5: Eager Seeger Half Marathon

Location: Alan Seeger Picnic Area

Access via US-322 east; turn right onto Bear Meadows Rd for 9.2 miles, left on Stone Creek Rd, right into parking lot at Seeger Road. OR: Access via SR-26 south; turn left onto Miller Rd, becomes Slate Hill Rd, stay on Slate Hill (be sure to bear right at Koch Road) to left on Alan Seeger Rd, becomes Stone Creek Rd (5.9 miles); right into parking lot at Seeger Road.

Sunday October 27, 2024 / Mountainback 50-Mile Relay & Ultramarathon

Location: Tussey Mountain Ski Area

From State College, take State Route 322 east about 1 mile past Boalsburg, turn right onto Bear Meadows Road, follow to the Ski Lodge.